



CHRIST AND THE EPIPHANY

VOLUME 30

October 2026



Autumn Reflection anonymous

Autumn, with its vibrant hues and crisp scents, ushers in a season of profound change. Just as the trees shed their leaves, preparing for the onset of winter, we too can use this time as an invitation to introspection, turning inwards to the depths of our souls.

The gentle rustle of leaves beneath our feet and the aroma of damp earth serve as constant reminders of God's ever-changing creation. Each leaf, in its transformation from verdant green to fiery red or golden yellow, showcases the beauty of transition. Likewise, in our lives, seasons of change, while sometimes challenging, have the potential to bring forth beauty and growth.

This unique ambiance of autumn provides the perfect backdrop for reflection and prayer. As the days grow shorter and nights grow colder, we're naturally drawn to the

warmth of our homes, both physically and spiritually. In the quiet moments that the fall season offers, we can seek a closer communion with God. Just as Jesus often retreated to solitary places to pray, autumn presents us with an opportunity to slow down, to find our solitary place, whether it's a quiet room or a peaceful woodland trail.

Let the colors that dance on the trees guide your meditations. Reflect upon the blessings and trials of the year gone by, and lay them at God's feet in prayer. As the leaves fall, releasing the past, we too can release our burdens, trusting in His divine plan.

In this season of transition, let us embrace the profound stillness and beauty that autumn brings. In its silent wisdom, it reminds us of the importance of pausing, reflecting, and drawing nearer to our Creator. As the world around us transforms, may our hearts be open to the lessons and blessings that God has in store for us.



October 12 - Barbara Coulombe
October 13 - Hal Levi
October 30 - Kristina Langlan

Worship Services

Every Sunday, 9:00 a.m.,
in-person and via Zoom

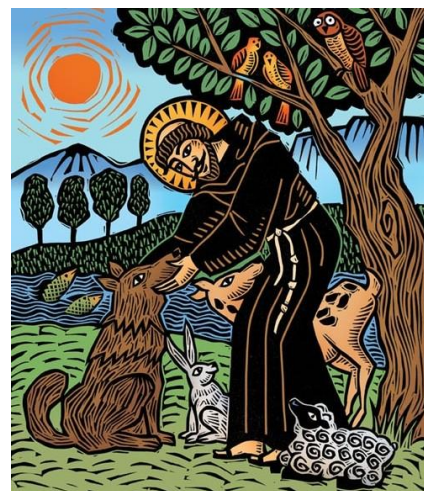
**Sunday Oct 4th, 10:30 a.m. -
12:00 p.m.,** Blessing of the
Animals

*(Zoom connection information
at the end of newsletter.)*

Events

**Saturday Oct 10th, 4:00 p.m. -
7:00 p.m.,** South Central
Region Picnic, St. John's North
Haven

**Friday-Saturday Oct 23-24,
242nd Annual ECCT Convention,**
Bristol Event Center



Blessing of the Animals

Sunday Oct 4th 10:30 a.m. -
noon on East Haven Green.
Bring pets, pictures, and EH
Animal Shelter donations!

Scarecrow Stroll

Checkout our entry "Thrifty" in the East Haven Scarecrow Stroll on the East Haven Green running the month of October.



ECCT South Central Region Picnic

South Central warmly invites you to *Celebrate! 2026*; an all ages gathering of Episcopal churches in the South Central Region. There will be a casual Eucharist, food truck, autumn desert potluck, lawn games and community.

When: Saturday Oct 10th from 4:00 p.m. - 7:00 p.m. at St. John's church in North Haven (3 Trumbull Street).

Christmas Fair

The annual C&E Christmas Fair will be **Saturday, December 5.**

Fair chairperson Kristina Langlan reports that many preparations have begun.

- * Carol L., Melanie M. & Paul M. continue to put together raffle baskets
- * Carol L. has been working on her Carol's Kitchen items
- * Susan S. has started working on the Christmas room prep.
- * Ken & Kathy D. are taking charge of the raffle tickets for the Raffle Baskets, Local Vendor tree, & Lottery tree.

How can you help?

We need many volunteers to obtain as many Gift Cards and Gift certificates as possible from our local vendors that have participated in the past.

Around the Church

Baptism of Emilie Arcuri
September 13, 2026



Thrift Store Halloween/Fall



We need bakers and candy makers to provide us with goodies for the bake sale tables and candy tables.

We need sewers, knitters, crafters etc. for our home made and craft tables. We'd like to have more hand crafted items.

And lastly, we need volunteers for the day of the fair itself as we are down a few people so bring a friend!

Please let Kristina know how you can help!

Fall Festival and Harvest Fair Thank You

Thank you to everyone who participated in this year's Harvest Fair and Fall Festival! We raised almost \$1,800 and couldn't have done it without all of you!

Good Shepherd Thrift Store Thank You

Big shout out to all who helped with the biannual Thrift Store seasonal changeover! We now have our fall/winter inventory on sale. Your help was greatly appreciated!

Vestry

Next Meeting - The next Vestry meeting will be Sunday, October 18th after the 9:00 a.m. service in the library and via Zoom.

Senior Warden - Working with Ken & Kathy D. on our scarecrow "Thrifty" for the EH Scarecrow Stroll. Putting together a baptism photo album for Arcuri family.

Preparing for Blessing of the Animals and Convention. Looking into possible Ecumenical Bible Study program.

Building & Grounds - Getting estimates to take down one of the trees on the north side of 47 Park Place. Got the kitchen hood fire suppression system inspected. Kathy & Ken D. painted the oil tank shed. A new closed AA group that runs for nine months started to meet on Sept 14 at \$200/mth.

Worship - Preparing for our hosting of the Ecumenical Thanksgiving service and post-service reception. Training Tricia O'Reilly to be Crucifer and Acolyte.

Hospitality & Fund Raising - Thank you all for the prayers and good wishes for a speedy recovery. I am doing much better. Fall Festival went well and I'm now preparing for Ecumenical Thanksgiving post-service reception and Christmas Fair.

Thrift Store - Preparing for the seasonal changeover. Also check out the amazing Halloween room that Ken & Kathy D. turned the Children's room into!



ECCT 242 Annual Convention

They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread, and the prayers.
-- Acts 2:42

EXXR's annual convention will be held on October 23 and 24 in Bristol. Pray for the gathering and our delegates - Diane Villano, Anthony Reckart, Barbara Parsons (alternate) and Fr. Charles Kamano.

Encouraging Words Audrey Sundwall

They do not say in their hearts, "Let us fear the Lord our God, who gives the rain in its season. the autumn rain and the spring rain, and keeps for us the weeks appointed for the harvest."

--Jeremiah 5:24

The Lord will give what is good, and our land will yield its increase.

--Psalm 85:12

As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night shall not cease

--Genesis 8:22

Then he will give the rain for your land in its season, the early rain and the later rain, and you will gather in your grain, your wine, and your oil.

--Deuteronomy 11:14

O children of Zion, be glad and rejoice in the Lord your God; for he has given the early rain for your vindication, he has poured down for you abundant rain, the early and the later rain, as before.

--Joel 2:23

The grass withers; the flower fades, but the word of our God will stand forever.

--Isaiah 40:8

Intercessory Prayers

Aiden & the Guida Family, Alexis, Amanda, Amy, Andrew, Audrey Sundwall, Barbuschak Family, Beth Flynn, Brandon, Carol Ude, Cathy Topping, Charlie & Kris Langlan, Chris, Dana, David & Irene, Dawn, Diana, Diane Link, Debbie, Debbie Potrepka, Donna Hodge & Family, Dot Logan, Ed, Elaine, Elizabeth Mary Lalor, Erick Villano, Family in Ukraine, Francesca, Gail & Marnie, Geneva O'Donnell, Hal Levi, Holly Chickos, Holly, James Mancini, Jan McDonald, Jim R. & Family, Joan Shaffner, John & Nate & Typer McDonald, Judy C., Judy Herzman, Kathy, Kathy Guida, Kira, Korey Mollor, Kris, Larry L., Lauren, Levi-Verderame Family, Lucas Sundwall, Matt R., Maureen McPherson, Michael McPherson, Mike, Mila, Minogue Family, Fr. Moses Aderibole, Nicole C., Pat Walters, Paul Pera, Rachael, Regina Schwall, Richard, Richard Testa, Sallie Alexander, Sam W., Saylen Wilson, Tricia Clearwater, Turiano Family, Vinny

To submit names for the Intercessory Prayers list please call or email the church office. Names will be kept on the list for three months unless longer time is requested.

Memorial Minute

We celebrated the baptism of Emilie Arcuri, born June 22, 2026, on Sunday, September 13. The ivory shell Charles used to pour holy water on her forehead was given to Christ Church by the Girls' Friendly Society in 1924-1925. Carol Link-Ude says the GFS is an international non-profit organization associated with the Episcopal Church for girls and women regardless of race, religion or nationality.



Christian Tradition - Baptism

Baptism is full initiation by water and the Holy Spirit into Christ's Body the Church. The bond which God establishes in Baptism is indissoluble. The Baptism service is in the Book of Common Prayer, pages 298-314. A shell or shell-shaped vessel used to sprinkle water is traditional.

"Previously, the scallop shell was used as a symbol for a pilgrim, and because, by tradition, St. James is said to have traveled as far as Spain to spread the Gospel, it is also the apostles' identifying symbol." (p. 215, A Complete Guide to Christian Symbols by Edward Riojas, CPH, 2024.)

Some baptismal details you might have missed or may be new information to you:

- The hangings were changed from green to white.
- Ken & Kathy D. made sure the water in the ewer was warm. This ewer is used exclusively for Baptism.
- Fr. Charles administered both water and *chrism*, the oil blessed by the bishop annually.
- Fr. Charles lit the baptismal candle from the paschal candle and gave it to the godfather during the baptism rite.
- Unused holy water is never disposed of in regular plumbing. Instead, it is poured into our stainless steel *piscina* (sink) that leads directly into the ground.
- If you are Interested in serving on the Altar Guild, please see Carol Link-Ude.

Autumn Months - A Prayer

O God of Creation,
you have blessed us with the changing of the seasons.
As we welcome the autumn months,
may the earlier setting of the sun
remind us to take time to rest.
May the brilliant colors of the leaves
remind us of the wonder of your creation.
May the steam of our breath in the cool air
remind us that it is you who give us the breath of life.
May the harvest from the fields remind us of the
abundance we have been given and
bounty we are to share with others.
May the dying of summer's spirit remind us
of your great promise that death is
temporary and life is eternal.
We praise you for your goodness forever and ever.

- Author Unknown

**"MATTHEW, MARK, AND LUKE, SEE ME
AFTER CLASS."**



**"YOUR BOOK REPORTS ARE SURPRISINGLY
SIMILAR."**



!! SCAM REMINDER !!

Please note: If you ever receive an email from our clergy or member of the parish requesting a favor or money... - **Check** the email address of the sender! **Block** the sender and **Delete** the email. Donation requests will only come from the Parish Office (christ.epiphany39@att.net or christandtheepiphany@gmail.com) **Always** check any requests by calling or sending an email to your own contact email to confirm. **Never** reply to the email you received.

SAFE CHURCH TRAINING SCHEDULE

Safe Church Certification is a requirement of The Episcopal Church for all persons serving in these roles/areas: Acolyte, Altar Guild, Bible Study, Communications, Crucifer, Fund Raising, Hospitality, Lay Reader, Music, Officiant, Pastoral Visitor, Property Management, Technology, Thrift Store, Treasurer, Usher, Warden, or Worship Committee. Comprehensive trainings take about five hours to complete and are done once. Recertification training is done every three years after the comprehensive training is completed.

Oct 5, 1:00 p.m.- 4:00 p.m. - Recertification via Zoom

Oct 17, 9:00 a.m.- 12:00 p.m. - Comprehensive via In Person at St. James', New London

Oct 29, 6:00 p.m.- 9:00 p.m. - Recertification via Zoom

Nov 7, 9:00 a.m.- 12:00 p.m. - Comprehensive via In Person at Christ Church, Norwalk

Nov 15, 1:00 p.m.- 4:00 p.m. - Recertification via Zoom

Register online at <https://www.episcopalct.org/safe-church/>

ECCT 2025-2026 Prayer Cycle



EPISCOPAL CHURCH IN CONNECTICUT
PARTICIPATING IN GOD'S MISSION

October 4	Parishes: Trinity, Torrington; Christ Church, Trumbull; Trinity, Trumbull Additionally: Creation Care Ministry Network, Community Garden Ministry Network & eco-justice work in Province 1. All creatures great & small Anglican Cycle of Prayer: Igreja Episcopal Anglicana do Brasil
October 11	Parishes: St. John's, Vernon; St. Paul's, Wallingford; St. John's, Washington Additionally: Young adults, Young Adult Episcopal Ministry Network, 20 & 30s Ministry Network. The Episcopal Service Corps & the Young Adult Service Corps of The Episcopal Church Anglican Cycle of Prayer: The Anglican Church of Burundi
October 18	Parishes: St. John's, Waterbury; Christ Church, Waterbury; All Saints Chapel, West Cornwall Additionally: Convention planning committee, Convention worship committee & all who participate in Annual Convention Anglican Cycle of Prayer: The Anglican Church of Canada
October 25	Parishes: St. James's, West Hartford; St. John's, West Hartford; Holy Spirit, West Haven Additionally: All ministries to, with & for women. For chapters in ECCT of Episcopal Church Women & the Girl's Friendly Society Anglican Cycle of Prayer: The Church of the Province of Central Africa

Treasurer Report

Susan Shultz

	AUG	(UNDER)/OVER BUDGET	YTD	(UNDER)/OVER YTD BUDGET
INCOME	\$ 10,689.74	(\$ 850.26)	\$ 85,416.60	\$ 9,871.60
EXPENSES	\$ 5,965.11	(\$ 3,731.84)	\$ 91,579.84	(\$ 4,688.45)
NET	\$ 4,724.63	\$ 2,881.58	(\$ 6,163.24)	\$ 14,560.05

Notes: Our actual vs budget differences are primarily due to timing. On the income side the Food Pantry rental has not yet posted. On the expense side we did not really save \$3,000 and that money will still be spent. After accounting for these timing issues, we are actually very close to our budget projections for August.

Next Issue The deadline for the November issue is October 23rd. Submissions can be sent to newsletter.christandtheepiphany@gmail.com. For an update to the Intercessory Prayers, Birthday or Anniversary lists, please call the church office at 203-467-2310 or email christandtheepiphany@gmail.com.

Worship Schedule 9:00 a.m. (unless otherwise noted)

	October 4	October 11	October 18	October 25
Service	Eucharist	Eucharist	Eucharist	Morning Prayer
Presider/ Officiant	Rev. Charles Kamano	Rev. Evelyn Wheeler	Rev. Charles Kamano	Brad Conant
Crucifer	Kristina Langlan	George Coulombe	Kristina Langlan	
Acolyte	George Coulombe	Kristina Langlan	George Coulombe	
Lay Reader	Barbara Parsons	Anthony Reckart	Terry Osmun	Kristina Langlan
Usher	Kathy & Ken Dougherty	Pat Walters	Kathy & Ken Dougherty	George Coulombe
Zoom Tech	Susan Shultz	Susan Shultz	Susan Shultz	Susan Shultz
Lead Counter	Susan Shultz	Astrid Swanson	George Coulombe	Pat Walters
Asst Counter	Melanie Miller	Ray Clearwater	Barbara Coulombe	Melanie Miller

Clergy, Vestry and Staff

Priest-in-charge	Rev. Charles L. Kamano
Senior Warden	Diane Villano (& Safe Church)
Junior Warden	Barbara Parsons (& Outreach)
Treasurer	Susan Shultz (& Technology)
Clerk	Isadora Wilkenfeld
Vestry Member	Ray Clearwater
Vestry Member	Astrid Swanson
Vestry Member	Pat Walters
Vestry Member	Brad Conant
Vestry Member	Beverly Yurgiewicz
Music Director	Barbara Coulombe
Parish Administrator	Diane Rowley
Worship Committee Chair	George Coulombe
Altar Guild Directress	Carol Link-Ude
Communications Chair	Audrey Sundwall
Hospitality Chair	Kristina Langlan

To connect by computer, enter: <https://tinyurl.com/3kbvnbb4>, or click on the link on our webpage:

www.ChristandTheEpiphany.org

To join by phone call: 929-436-2866, Meeting ID = 993 303 0663, Password = 39

Weekly bulletins are emailed out on Fridays. Zoom is opened around 8:45 a.m. on Sunday.

If you are not receiving the email bulletin, please contact Diane Rowley in the office at 203-467-2310 or christandtheepiphany@gmail.com. If you want or need any help getting connected on Zoom please reach out any time to Susan Shultz at 203-589-1142 or sbshultz@gmail.com.

Christ and The Epiphany Church

39 Park Place
East Haven, CT 06512

Phone: 203-467-2310

Email: christandtheepiphany@gmail.com

Website: www.christandtheepiphany.org

Worship Schedule

Sunday 9:00 a.m. In-Person & Online Zoom Worship