



CHRIST AND THE EPIPHANY

VOLUME 25

October 2021

Community Impact

At the Harvest Fair a few weeks ago, I was fortunate to have the opportunity to see our parish at work in ways that I don't often experience.

There were C&E folks all over the place... in the Thrift Store, at Carol's Kitchen table, at the Garage Sale, and greeting people and giving them directions as they wandered our grounds. And of course, there were those who supported the Harvest Fair by baking and buying and donating. It was a real community effort!

Also on that day I was blessed to meet one of the non-parishioner volunteers in the Thrift Store who told me how profoundly the ministry there had touched her. She began as a shopper and ended up as part of what is, as she expressed, a "sisterhood" of volunteers that is a significant part of her life. I could see this as she talked and hugged and worked alongside other C&E folks who were there.

All of this got me thinking about what a big impact our parish is in our community. Through our Junk in the Trunk, Garage Sale, Carol's Kitchen, Thrift Store, Christmas Fair, Blessing of the Animals, Souperama (and other events I don't even know about), along with our 12 Step groups who

fill our building with sustaining and healing programs, Christ is alive at C&E and spreading love and compassion in a multitude of ways in our neighborhood! Glory to God!

I want to say thank you to you, the C&E family, for being here where God has you and for giving to God out of what God has given you, that we may serve one another - our neighbors and our world - as we are able. What a gift it is that you make known how grateful you are by being here loving the Lord and loving our neighbors as we ourselves would want to be loved.

Whether your part is to attend worship or serve or give on Sundays; to volunteer in the Thrift Store; to pray for those on our prayer list; to work around the church building and grounds; or to serve on vestry - I thank God for you, and we need you, for one leads into the other, and all of it together - with you taking part as God has called you - this is what makes this church special, touching lives and living out the Gospel in our community. Peace and Blessings to you!

Faithfully yours,
Rev. Mary Anne

Upcoming Events

Every Sunday, 9:00 a.m., Sunday Service in-person and via Zoom

Every Sunday, 10:00 a.m. - 11:00 a.m., Bible Study in Library (*except Sunday Oct 17*)

Every Thursday, 7:30 p.m. - 8:30 p.m., Multi-Church Bible Study via Zoom (*see article for more information and link*)

Saturday, October 9, 1:00 p.m. - 3:00 p.m., Blessing of the Animals on Town Green (*opens with short service*)

Sunday, October 10, noon - 4:00 p.m., Junk in the Trunk

Sunday, October 24, noon - 3:00 p.m., Souperama International in Great Hall

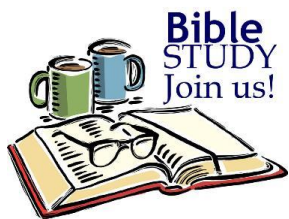
(Zoom connection information at end of newsletter.)

ALL SAINTS DAY

In our November 7th Sunday celebration of the great Feast Day - All Saints Day - we will remember those who have died in the past year as well as any others that you would like to include. Please send your names via email to Diane Rowley in the church office at christandtheepiphany@gmail.com

Bible Study

On Sundays after Coffee Hour, Rev. Mary Anne will facilitate a bible study in the Library on "The Parables of Jesus."



This will be a drop-in class, and no preparation is required. We will usually meet on the second, fourth and fifth Sundays (i.e skipping Morning Prayer and Vestry Sundays). There are bibles available if you don't bring your own.

Blessing of the Animals

Our annual Blessing of the Animals will be held Saturday, October 9 from 1:00 p.m. -3:00 p.m. on the Town Green. This year it will begin with a brief service to remember those animal companions we have lost and celebrate those with whom we now share our lives. We will also be collecting donations to benefit the East Haven Animal Shelter.

Thinking Ahead...

We WILL be having our annual Christmas Fair this year. The date will be Saturday December 4th. Our Fair organizer will again be Carol Link-Ude. Please let her know if you can help out. And as usual all contributions such as baked goods, crafts, raffle baskets and homemade items will be needed.

Around the Church

Sign of Fall



Harvest Fair! (Thanks to Rev. Mary Anne for the photos)



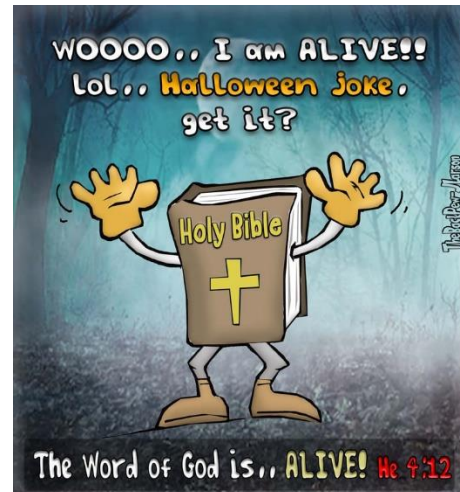
Junk in the Trunk

Our last Junk in the Trunk for 2021 will be on Sunday October 10 from noon to 4:00 p.m. As usual any help you can provide will be most appreciated!

Souperama International

On Sunday afternoon, Oct 24, we will be hosting an International Buffet of soups, stews and chilis from around the world. Diners can eat in or get takeout. For only \$5.00 get a bowl and two slices of bread. Desserts will also be available for purchase.

If you can donate a dish for this event please contact Carol Link-Ude at 203-458-0590 or cude@snet.net.



Zoom Bible Study

Father Kevin Olds at Church of the Holy Spirit in West Haven is hosting a multi-church bible study on Zoom. It meets on Thursday nights from 7:30 p.m. - 8:30 p.m. Weekly link: <https://us02web.zoom.us/j/87957853954?pwd=dm9yWlpFRjQ1Q3ZITC91RC9kRHd2dz09>

Harvest Fair Thank You

We sold out by 2:30 p.m., but it was the most financially successful Carol's Kitchen & Baked Goods of 2021. Special thanks to Audrey S., Mary Claire P., Melaine M. and her son, Paul for their help. Thanks also to Astrid S., Kathy D., Kathy A., Audrey S. and Diane V. for their baked goods.

September Vestry Summary

Next Meeting - The next Vestry meeting will be Sunday, October 17th after the 9:00 a.m. service in the Library.

Worship - Rev. Mary Anne will work on stewardship campaign with Susan and George. We will also start preparing for Advent by doing some cleaning and oiling the pews. We will begin using individual, wrapped wafers and we are considering how we can offer wine safely.

Building Use - Reminder that if people see issues in the building or grounds they need to notify Wendy so she stays informed.

Finance - Largest concern is for Fall income. There are two "at risk" pledges and we don't know if we will see any income from the EHU Community Kitchen as we had optimistically budgeted.

Feast & Festivities - For the Souparama International Carol is still looking for people to contribute dishes and music to play during the event.

More Harvest Fair



Technology - Thanks to Ken Dougherty for adding an electrical outlet to the sump room for the new internet device.



October 12 - Barbara Coulombe

October 13 - Hal Levi

October 23 - Vi Satterwaite

October 30 - Kristina Langlan

Encouraging Words

Charlie Langlan

So God created the great creatures of the sea and every living thing with which the water teems and that moves about in it, according to their kinds, and every winged bird according to its kind. And God saw that it was good.

-Genesis 1:21

Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?

-Matthew 6:26

"But ask the animals, and they will teach you, or the birds in the sky, and they will tell you; or speak to the earth, and it will teach you, or let the fish in the sea inform you. Which of all these does not know that the hand of the LORD has done this? In his hand is the life of every creature and the breath of all mankind. -Job 12:7-10

Praise the LORD from the earth, you great sea creatures and all ocean depths, lightning and hail, snow and clouds, stormy winds that do his bidding, you mountains and all hills, fruit trees and all cedars, wild animals and all cattle, small creatures and flying birds, kings of the earth and all nations, you princes and all rulers on earth, young men and women, old men and children.
-Psalm 148:7-12

The wolf will live with the lamb, the leopard will lie down with the goat, the calf and the lion and the yearling together; and a little child will lead them. The cow will feed with the bear, their young will lie down together, and the lion will eat straw like the ox. They will neither harm nor destroy on all my holy mountain, for the earth will be filled with the knowledge of the LORD as the waters cover the sea.
-Isaiah 11:6-9



Convocation! Making Connections!

The South Central Convocation will be Saturday November 6th from 9:00 a.m. - 11:30 a.m. via Zoom. The Convocation will include discussions regarding Youth & Young Adults; Racial Healing & Reconciliation and Food Insecurity Ministries.

A link will be included in next month's newsletter.



Supported by Word & Sacrament

The Women of Church of the Holy Spirit in West Haven would like to invite other women from the region to our annual retreat at the Incarnation Center in Ivoryton.



The dates are 10/29 - 10/31. Folks are usually there by supper (6:00 p.m.) on Friday and we finish up around noon on Sunday.

It's a great time to spend healing our spirits and getting away from the day to day grind! We use it as a healing and bonding time every year - it's an experience not to be missed! The cost is \$190, some financial help is available. You can reach out with questions to Kati Guthrie Tilove at kati1267@yahoo.com.

Celebrating Creation and God's gift of restoration with Rachel Thomas' prayer hikes



One of the joys I have is doing a monthly "prayer hike". Well, sometimes it's more of a stroll, depending on terrain and who is present.

Here's how it works: You email me that you're interested in participating. A few days before one of the dates listed below, you receive an email from me.

Whoever is up for hiking and praying on that day suggests a location. And then we each bring a prayer or poem to share with others. Sometimes there is a theme. Often, a theme emerges because the Holy Spirit has been working. We stop along the way to pray and share; a hike is usually no more than 90 minutes to two hours. This is a great way to celebrate the season of Creation.

So if you are interested please email me at rthomas@episcopalct.org. The dates for South Central hikes are October 25, November 29, and December 20.



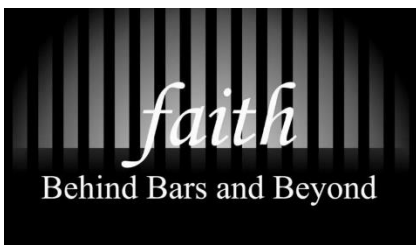
Episcopal Church in CT (ECCT)

Bishop Search & Transition

The Bishop Transition Committee wants to hear from you! Take a few moments to share your thoughts with the BTC via the new online survey. <https://ctbishopsearch.org/online-survey/>

Also we encourage you to sign up for the Bishop Transition email newsletter so you stay up to date with the search news, events and updates.

https://lp.constantcontactpages.com/su/1d41rID/BTCeNews?source_id=ff679101-8fbf-43fd-8e36-4616c9d79a67&source_type=email&c=Urx82WXY_-l_lqEd6kS4saunCD1nTipXc6xAJ aUY9DIVd-AGasaGJw==



Community Partners in Action Prison Arts Annual Show On view July 25-December 21

Postponed from last spring, and now on display at the Mark Twain House in Hartford, the 42nd Annual Show, featuring hundreds of artworks by incarcerated, and formerly incarcerated, artists in CT. Artists and prison staff work all year (two years, this year!)

towards this unique and extraordinary community event. Prison Arts works to encourage and enable productive, personal, and introspective endeavors in Connecticut's prisons. [Learn more.](#)



Episcopal Peace Fellowship (EPF) Peacebuilding Online Project

The third offering in this series of one-hour monthly Zoom presentations will be *Sacred Ground: Finding Our Place in the History of Racism* on October 3 at 4:00 p.m.

https://www.eventbrite.com/e/episcopal-peace-fellowship-peacebuilding-online-project-sacred-ground-tickets-154287390739?utm_campaign=social&utm_content=attendeeshare&utm_medium=discovery&utm_term=listing&utm_source=cp&aff=escb

Intercessory Prayers

Andrew, Barbara Coulombe, Barbara R., Barbuschak Family, Brandon, Carol C., Carol Marra, Carol Ude, Charlie & Kris Langlan, Clearwater Family, Courtney, Craig, David, David C., David & Edward, David & Irene, Devin K., Diane, Diane Link, Dot Tate, Doug, Ed, Eileen F., Elaine, Eleanor N., Faith, Father Eddie, Fran

Zella, Francesca, Frank P., Frank, Fred & Judy Herzman, Fred Bowden, Gale, Geneva, Glenn McKnight, Goodfellow Family, Greg T., Heather, Holly & Family, Ian, J.D., Jack K., Jacob, Jaime Aguayo, Jake Swanson, Jared, Jen & Tyler W., Jeremy Maldonado, Jessica & Baby Olive Estelle, Jesse, Jim C., Jim R. & Family, Joe Riccitelli, John A., John Guida, John M., John U., John & Vera DePalma, Joseph, Judy DeFeo, Julia, June W., Karen Dattilo & Family, Karl, Kathrine Burdick, Kate W., Katrina R., Ken, Leah S., Lila Day, Lisa H., Lois, Lucas Sundwall, Madeline, Mark Conti, Marcia Laroque, Marjorie Cowles, Martin Micheo, Marty, Matt, Matt R., Melissa D., Michael, Michelle C., Mitzi Parisi, Nancy S., Patty R., Paul Scungio, Rachael, Ray C., Ron C., Sallie Alexander, Stan R., Suzy Brown, Turiano Family, Wendy, Zach Schatz

To submit names for the Intercessory Prayers list please call or email the church office. Names will be kept on the list for three months unless longer time is requested.

Next issue

The deadline for the November issue is **October 20**. Submissions can be sent to newsletter.christandtheepiphany@gmail.com. For an update to the Intercessory Prayers, Birthday or Anniversary lists, please call the church office at 203-467-2310.

A Parable of Two Babies

Dr. Wayne Dyer
(Thanks to Kathy Alison)

In a mother's womb were two babies.

One asked the other: "Do you believe in life after delivery?"

The other replied, "Why, of course. There has to be something after delivery. Maybe we are here to prepare ourselves for what we will be later."

"Nonsense," said the first. "There is no life after delivery. What kind of life would that be?"

The second said, "I don't know, but there will be more light than here. Maybe we will walk with our legs and eat from our mouths. Maybe we will have other senses that we can't understand now."

The first replied, "That is absurd. Walking is impossible. And eating with our mouths? Ridiculous! The umbilical cord supplies nutrition and everything we need. But the umbilical cord is so short. Life after delivery is to be logically excluded."

The second insisted, "Well I think there is something and maybe it's different than it is here. Maybe we won't need this physical cord anymore."

The first replied, "Nonsense. And moreover, if there is life, then why has no one ever come back from there? Delivery is the end of life, and in the after-delivery, there is nothing but darkness and silence and oblivion. It takes us nowhere."

"Well, I don't know," said the second, "but certainly we will meet Mother and she will take care of us."

The first replied "Mother? You actually believe in Mother? That's laughable. If Mother exists then where is She now?"

The second said, "She is all around us. We are surrounded by her. We are of Her. It is in Her that we live. Without Her, this world would not and could not exist."

Said the first: "Well I don't see Her, so it is only logical that She doesn't exist."

To which the second replied, "Sometimes, when you're in silence and you focus and listen, you can perceive Her presence, and you can hear Her loving voice, calling down from above."

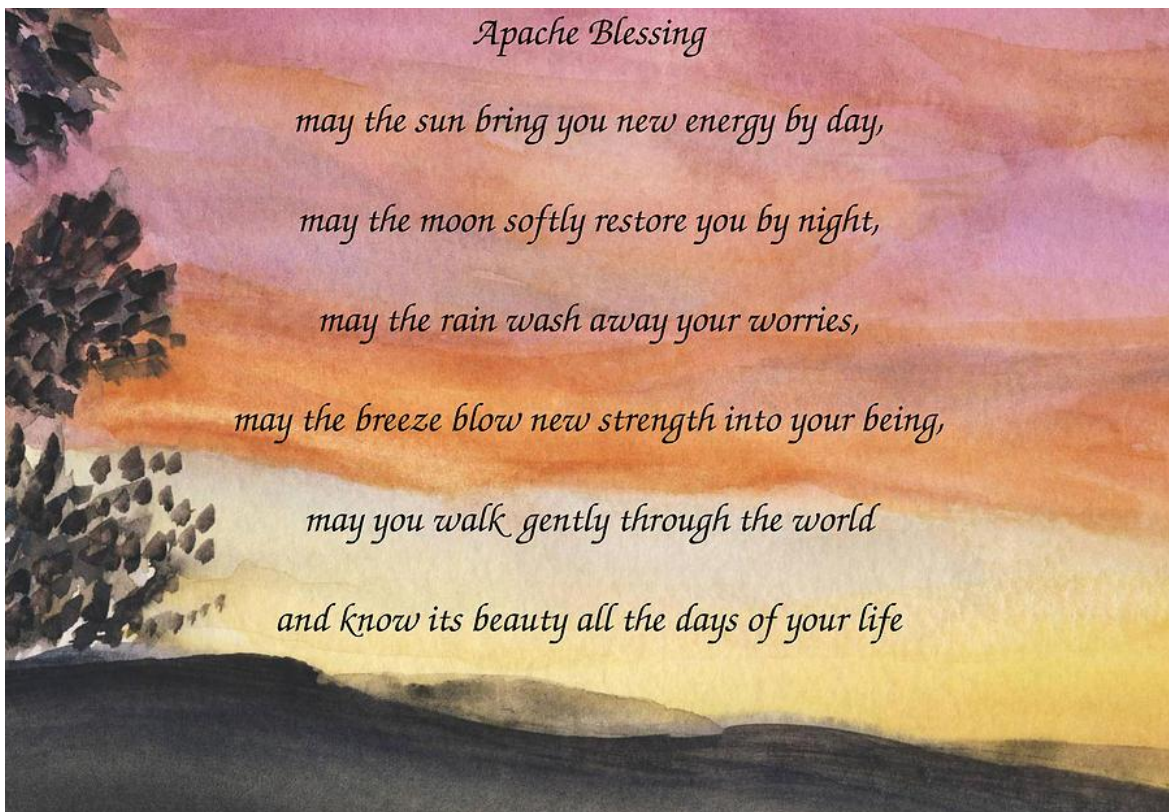


Treasurer Report

Susan Shultz

	AUG	(UNDER)/OVER BUDGET	YTD	(UNDER)/OVER YTD BUDGET
INCOME	\$6,017.20	(\$60.30)	\$57,862.00	\$282.00
EXPENSES	\$8,455.90	\$653.87	\$68,724.15	(\$1,132.68)
EXPENSES	(\$2,438.70)	(\$714.17)	(\$10,862.15)	\$1,414.68

Notes: Pledge income remains steady although we have two “at risk” pledges. Also we don’t know if we will see any Community Kitchen income in the Fall as we had optimistically budgeted. So far our main budget savings has been with lower than expected utility expenses.



From ECCT: A Prayer for the Election of our XVI Diocesan Bishop

God our Creator, Redeemer and Sustainer, without you nothing can be done. Send your Holy Spirit to guide the Episcopal Church of CT, especially the Bishop Transition Committee, during this time of transition. Bless and continue the good work begun in your name. Open the committee’s ears to the hurts and hopes expressed to them and broaden our vision to see where you lead. Enliven their hearts with honesty and compassion to do the work that lies ahead, within our church and beyond its walls. Grant us the gifts of wisdom, humility, and empathy. Guide the committee as they discern your will for a new shepherd, inspirational leader, and willing advocate as we further your work in the Episcopal Church of CT. Bless and be with our Bishop Ian as he transitions to a new life serving you. Bless our candidates. Bestow them with the abilities to lead and serve. Let us learn from them and they from us, so we may live your word serving all. All this we pray through Jesus Christ our Savior, who lives and reigns with you and the Holy Spirit, One God now and forever. *Amen.*

Parishioner Spotlight - Gail Beck

Tell us about your immediate family and pets

My older son, Joseph, lives in Norfolk, VA with his son, Murray, who is seven years old. My younger son, Michael, and his lady, Amanda, live in San Diego, CA. I have two pets: my cat, Daisy, who is 15 years old, and my dog, Bonnie, a Shetland Sheepdog who is 1 1/2 years old.

What brought you to Christ and The Epiphany?

A lifelong Episcopalian, I joined Christ and The Epiphany as soon as I moved to East Haven in 2011.

In what ways do you serve your church family or community?

Over the years I have served on the Communication Commission as well as the Vestry. I bake for various events, and have participated in Christmas Fairs as well as a Fashion Show. Currently, I serve as a Lay Reader.



What was your occupation before retirement?

For 26 years, I was the Executive Director and Licensed Professional Counselor at Tri-Town Youth Services, a non-profit that serves youth and families of Chester, Deep River, and Essex, CT. Prior to that I worked part time as Director of Religious Education for St. Andrew's Church in Madison, CT for about ten years.

What's your favorite pastime?

Pre-COVID I enjoyed theater going and some traveling, such as visiting my children. Now I stick closer to home where I enjoy reading and bowling, kayaking and swimming in the summer, and walks with Bonnie.

What's one thing about you that no one knows?

I'm guessing not many people know I have a motorcycle endorsement on my driver's license!

What is your fondest childhood memory?

I grew up as an only child in a rural part of Essex, CT. My nearest playmates were our Collies and one Shetland Sheepdog, whom I cared for and played with.

What brightens your day?

I now carry dog treats in my pocket. As I set out each morning, I tell Bonnie, who's a very good listener, "I've got treats in my pocket and a smile in my heart!" Training, walking, and playing with Bonnie brighten my day.

Do you have any favorite psalms, Bible passages, or inspirational sources?

The Serenity Prayer is dear to me.

Worship Schedule (9:00 a.m.)

	<u>Oct 3</u>	<u>Oct 10</u>	<u>Oct 17</u>	<u>Oct 24</u>
Ushers	Wendy Bellmore Diane Villano	Pat Walters Melanie Miller	Barbara Parsons Astrid Swanson	Audrey Sundwall Mary Claire Peach-Keyes
Lay Reader	Ray Clearwater	Gail Beck	Pat Walters	Barbara Parsons
Crucifer	George Coulombe	George Coulombe	George Coulombe	George Coulombe
Acolyte	George Coulombe	George Coulombe	Audrey Sundwall	George Coulombe
Morning Prayer Officiant	Audrey Sundwall	n/a	n/a	n/a
Lead Counter	Susan Shultz	Astrid Swanson	Pat Walters	George Coulombe
Asst Counter	Mary Claire Peach-Keyes	Fred Bowden	Melanie Miller	Barbara Parsons

Zoom Worship Connection Information

To connect by computer click:

<https://us02web.zoom.us/j/7639094733?pwd=WkR1ZHBNYTNKWmJqM2NvTkRjZ09hdz09>

To join by phone call:

929-436-2866

Meeting ID = 763 909 4733

Password = 39

Weekly bulletins are emailed out on Fridays. Zoom is opened around 8:45 a.m. on Sunday.

Past sermons are available on the *Christ and The Epiphany* YouTube channel here:

<https://www.youtube.com/channel/UCkGs9WC8ug7syl9n0kHkRaA>.

If you are not receiving the email bulletin please contact Diane in the office at 203-467-2310 or christandtheepiphany@gmail.com.

If you want or need any help getting connected on Zoom please reach out any time to Susan Shultz at 860-669-1104 or sbshultz@gmail.com.